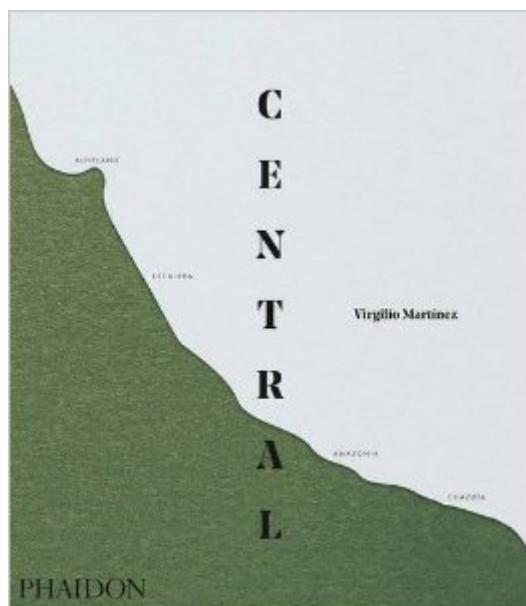


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Central



Synopsis

The extraordinary cuisine of Peruvian chef Virgilio MartÃ-nez, one of the most admired emerging talents in the culinary world. This exquisite monograph from acclaimed Peruvian chef Virgilio MartÃ-nez follows the innovative and exciting tasting menu at his signature restaurant, Central, in Lima. Organized by altitude, each chapter highlights recipes, food, and documentary photographs, together with personal essays. His journeys and life as a chef are motivated by his insatiable curiosity and passion for the biodiversity of his land. "At Central we cook ecosystems." â "Virgilio Martinez

Book Information

Hardcover: 256 pages

Publisher: Phaidon Press (October 10, 2016)

Language: English

ISBN-10: 0714872806

ISBN-13: 978-0714872803

Product Dimensions: 9.8 x 1.1 x 11.4 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Best Sellers Rank: #238,336 in Books (See Top 100 in Books) #59 in Books > Cookbooks, Food & Wine > Regional & International > Latin American #321 in Books > Cookbooks, Food & Wine > Cooking Education & Reference > Essays

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